# COMS 4773: Convex optimization

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## 1 Smooth functions

In the context of convex optimization, *smooth functions* are functions whose derivatives (gradients) do not change too quickly. The change in the derivative is the second-derivative, so smoothness is a constraint on the second-derivatives of a function (assuming twice-differentiability).

A twice-differentiable function  $J : \mathbb{R}^d \to \mathbb{R}$  is  $\beta$ -smooth if the eigenvalues of its Hessian matrix at any point in  $\mathbb{R}^d$  are all at most  $\beta$ . A consequence of  $\beta$ -smoothness is the following. Recall that by Taylor's theorem, for any  $w, \delta \in \mathbb{R}^d$ , there exists  $\tilde{w} \in \mathbb{R}^d$  on the line segment between w and  $w + \delta$  such that

$$J(w+\delta) = J(w) + \nabla J(w)^{\mathsf{T}} \delta + \frac{1}{2} \delta^{\mathsf{T}} \nabla^2 J(\tilde{w}) \delta.$$

If J is  $\beta$ -smooth, then we can bound the third term from above as

$$\begin{split} \frac{1}{2} \delta^\mathsf{T} \nabla^2 J(\tilde{w}) \delta &\leq \frac{1}{2} \|\delta\|^2 \max_{u \in \mathbb{R}^d: \|u\| = 1} u^\mathsf{T} \nabla^2 J(\tilde{w}) u \\ &\leq \frac{1}{2} \|\delta\|^2 \lambda_{\max}(\nabla^2 J(\tilde{w})) \leq \frac{1}{2} \|\delta\|^2 \beta. \end{split}$$

Therefore, if J is  $\beta$ -smooth, then for any  $w, \delta \in \mathbb{R}^d$ ,

$$J(w+\delta) \le J(w) + \nabla J(w)^{\mathsf{T}} \delta + \frac{\beta}{2} \|\delta\|^2. \tag{1}$$

A differentiable function  $J \colon \mathbb{R}^d \to \mathbb{R}$  (that may not be twice-differentiable) is  $\beta$ -smooth if, for all  $w, w' \in \mathbb{R}^d$ ,

$$\|\nabla J(w) - \nabla J(w')\| \le \beta \|w - w'\|.$$

For such a differentiable function J, we have for any  $w, \delta \in \mathbb{R}^d$ ,

$$J(w+\delta) - J(w) - \nabla J(w)^{\mathsf{T}} \delta = \int_0^1 \nabla J(w+t\delta)^{\mathsf{T}} \delta \, \mathrm{d}t - \nabla J(w)^{\mathsf{T}} \delta$$
$$= \int_0^1 (\nabla J(w+t\delta) - \nabla J(w))^{\mathsf{T}} \delta \, \mathrm{d}t$$
$$\leq \int_0^1 \|\nabla J(w+t\delta) - \nabla J(w)\| \|\delta\| \, \mathrm{d}t$$
$$\leq \int_0^1 \beta t \|\delta\|^2 \, \mathrm{d}t = \frac{\beta}{2} \|\delta\|^2.$$

The first inequality follows by Cauchy-Schwarz, and the second inequality follows by the definition of  $\beta$ -smoothness. So we again have (1) for all  $w, \delta \in \mathbb{R}^d$ .

## 2 Gradient descent on smooth objectives

Gradient descent starts with an initial point  $w^{(0)} \in \mathbb{R}^d$ , and for a given step size  $\eta$ , iteratively computes a sequence of points  $w^{(1)}, w^{(2)}, \ldots$  as follows. For  $t = 1, 2, \ldots$ :

$$w^{(t)} = w^{(t-1)} - \eta \nabla J(w^{(t-1)}),$$

where  $\nabla J \colon \mathbb{R}^d \to \mathbb{R}^d$  is the gradient map for the objective function  $J \colon \mathbb{R}^d \to \mathbb{R}$  to be minimized.

### 2.1 Motivation

The motivation for the gradient descent update is the following. Suppose we have a current point  $w \in \mathbb{R}^d$ , and we would like to locally change it from w to  $w + \delta$  so as to decrease the objective value. How should we choose  $\delta$ ?

In gradient descent, we consider the quadratic upper-bound from (1) granted by smoothness:

$$J(w + \delta) \le J(w) + \nabla J(w)^{\mathsf{T}} \delta + \frac{\beta}{2} \|\delta\|^2,$$

and then choose  $\delta$  to minimize this upper-bound. The upper-bound is a convex quadratic function of  $\delta$ , so its minimizer can be written in closed-form. The minimizer is the value of  $\delta$  such that

$$\nabla J(w) + \beta \delta = 0.$$

In other words, it is  $\delta^*(w)$ , defined by

$$\delta^{\star}(w) = -\frac{1}{\beta} \nabla J(w).$$

Plugging in  $\delta^*(w)$  for  $\delta$  in the quadratic upper-bound gives

$$\begin{split} J(w + \delta^{\star}(w)) &\leq J(w) + \nabla J(w)^{\mathsf{T}} \delta^{\star}(w) + \frac{\beta}{2} \|\delta^{\star}(w)\|^2 \\ &= J(w) - \frac{1}{\beta} \nabla J(w)^{\mathsf{T}} \nabla J(w) + \frac{1}{2\beta} \|\nabla J(w)\|^2 \\ &= J(w) - \frac{1}{2\beta} \|\nabla J(w)\|^2. \end{split}$$

This inequality tells us that this local change to w will decrease the objective value as long as the gradient at w is non-zero. It turns out that if the function J is convex (in addition to  $\beta$ -smooth), then repeatedly making such local changes is sufficient to approximately minimize the function.

### 2.2 Analysis for smooth convex objectives

One of the simplest ways to mathematically analyze the behavior of gradient descent on smooth functions (with step size  $\eta = 1/\beta$ ) is to monitor the change in a "potential function" during the execution of gradient descent. The potential function we will use is the squared Euclidean distance to a fixed vector  $w^* \in \mathbb{R}^d$ , which could be a minimizer of J (but need not be):

$$\Phi(w) = \frac{1}{2\eta} ||w - w^*||^2.$$

The scaling by  $\frac{1}{2\eta}$  is used just for notational convenience. Let us examine the "drop" in the potential when we change a point w to  $w + \delta^*(w)$  (as in gradient descent):

$$\begin{split} \Phi(w) - \Phi(w + \delta^{\star}(w)) &= \frac{1}{2\eta} \|w - w^{\star}\|^{2} - \frac{1}{2\eta} \|w + \delta^{\star}(w) - w^{\star}\|^{2} \\ &= \frac{\beta}{2} \|w - w^{\star}\|^{2} - \frac{\beta}{2} \left( \|w - w^{\star}\|^{2} + 2\delta^{\star}(w)^{\mathsf{T}} (w - w^{\star}) + \|\delta^{\star}(w)\|^{2} \right) \\ &= -\beta \delta^{\star}(w)^{\mathsf{T}} (w^{\star} - w) - \frac{\beta}{2} \|\delta^{\star}(w)\|^{2} \\ &= \nabla J(w)^{\mathsf{T}} (w - w^{\star}) - \frac{1}{2\beta} \|\nabla J(w)\|^{2}. \end{split}$$

In the last step, we have plugged in  $\delta^*(w) = -\frac{1}{\beta}\nabla J(w)$ . Now we use two key facts. The first is the inequality we derived above based on the smoothness of J:

$$J(w + \delta^*(w)) \le J(w) - \frac{1}{2\beta} \|\nabla J(w)\|^2,$$

which rearranges to

$$-\frac{1}{2\beta} \|\nabla J(w)\|^2 \ge J(w + \delta^*(w)) - J(w).$$

The second comes from the first-order definition of convexity:

$$J(w^*) \ge J(w) + \nabla J(w)^\mathsf{T} (w^* - w),$$

which rearranges to

$$\nabla J(w)^{\mathsf{T}}(w - w^{\star}) \ge J(w) - J(w^{\star}).$$

So, we can bound the drop in potential as follows:

$$\Phi(w) - \Phi(w + \delta^{*}(w)) = \nabla J(w)^{\mathsf{T}}(w - w^{*}) - \frac{1}{2\beta} \|\nabla J(w)\|^{2}$$

$$\geq (J(w) - J(w^{*})) + (J(w + \delta^{*}(w)) - J(w))$$

$$= J(w + \delta^{*}(w)) - J(w^{*}).$$

Let us write this inequality in terms of the iterates of gradient descent with  $\eta = 1/\beta$ :

$$\Phi(w^{(t-1)}) - \Phi(w^{(t)}) \ge J(w^{(t)}) - J(w^*).$$

Summing this inequality from t = 1, 2, ..., T:

$$\sum_{t=1}^{T} \left( \Phi(w^{(t-1)}) - \Phi(w^{(t)}) \right) \ge \sum_{t=1}^{T} \left( J(w^{(t)}) - J(w^{\star}) \right).$$

The left-hand side simplifies to  $\Phi(w^{(0)}) - \Phi(w^{(T)})$ . Furthermore, since  $J(w^{(t)}) \geq J(w^{(T)})$  for all  $t=1,\ldots,T$ , the right-hand side can be bounded from below by

$$T(J(w^{(T)}) - J(w^*)).$$

So we are left with the inequality

$$J(w^{(T)}) - J(w^*) \le \frac{1}{T} \Big( \Phi(w^{(0)}) - \Phi(w^{(T)}) \Big) = \frac{\beta}{2T} \Big( \|w^{(0)} - w^*\|^2 - \|w^{(T)} - w^*\|^2 \Big).$$

## 3 Gradient descent on non-smooth objectives

Gradient descent can also be used for non-smooth convex functions as long as the function itself does not change too quickly.

We say that a differentiable function  $J: \mathbb{R}^d \to \mathbb{R}$  is L-Lipschitz if its gradient at any point in  $\mathbb{R}^d$  is bounded in Euclidean norm by L.

The motivation for gradient descent based on minimizing quadratic upper-bounds no longer applies. Indeed, the gradient at w could be very different from the gradient at a nearby w', so the function value at  $w - \eta \nabla J(w)$  could be worse than the function value at w. Therefore, we cannot expect to have the same convergence guarantee for non-smooth functions that we had for smooth functions.

Gradient descent, nevertheless, will produce a sequence  $w^{(1)}, w^{(2)}, \ldots$  such that the function value at these points is approximately minimal "on average".

#### 3.1 Motivation

A basic motivation for gradient descent for convex functions, that does not assume smoothness, comes from the first-order condition for convexity:

$$J(w^*) \ge J(w) + \nabla J(w)^\mathsf{T} (w^* - w),$$

which rearranges to

$$(-\nabla J(w))^{\mathsf{T}}(w^{\star} - w) \ge J(w) - J(w^{\star}).$$

Suppose  $J(w) > J(w^*)$ , so that moving from w to  $w^*$  would improve the function value. Then, the inequality implies that the negative gradient  $-\nabla J(w)$  at w makes a positive inner product with the direction from w to  $w^*$ . This is the crucial property that makes gradient descent work.

## 3.2 Analysis

We again monitor the change in the potential function

$$\Phi(w) = \frac{1}{2n} \|w - w^*\|^2,$$

for a fixed vector  $w^* \in \mathbb{R}^d$ .

Again, let us examine the "drop" in the potential when we change a point w to  $w - \eta \nabla J(w)$  (as in gradient descent):

$$\Phi(w) - \Phi(w - \eta \nabla J(w)) = \frac{1}{2\eta} \|w - w^*\|^2 - \frac{1}{2\eta} \|w - \eta \nabla J(w) - w^*\|^2$$
$$= (-\nabla J(w))^{\mathsf{T}} (w - w^*) - \frac{\eta}{2} \|\nabla J(w)\|^2$$
$$\geq J(w) - J(w^*) - \frac{L^2 \eta}{2},$$

where the inequality uses the convexity and Lipschitzness of J. In terms of the iterates of gradient descent, this reads

$$\Phi(w^{(t-1)}) - \Phi(w^{(t)}) \ge J(w^{(t-1)}) - J(w^*) - \frac{L^2 \eta}{2}.$$

Summing this inequality from t = 1, 2, ..., T:

$$\Phi(w^{(0)}) - \Phi(w^{(T)}) \ge \sum_{t=1}^{T} \left( J(w^{(t-1)}) - J(w^{\star}) \right) - \frac{L^2 \eta T}{2}.$$

Rearranging and dividing through by T (and dropping a term):

$$\frac{1}{T} \sum_{t=1}^{T} \left( J(w^{(t-1)}) - J(w^{\star}) \right) \le \frac{\|w^{(0)} - w^{\star}\|^2}{2\eta T} + \frac{L^2 \eta}{2}.$$

The left-hand side is the average sub-optimality relative to  $J(w^*)$ . Therefore, there exists some  $t^* \in \{0, 1, \dots, T-1\}$  such that

$$J(w^{(t^*)}) - J(w^*) \le \frac{1}{T} \sum_{t=1}^{T} \left( J(w^{(t-1)}) - J(w^*) \right) \le \frac{\|w^{(0)} - w^*\|^2}{2\eta T} + \frac{L^2 \eta}{2}.$$

The right-hand side is  $O(1/\sqrt{T})$  when we choose  $\eta = 1/\sqrt{T}$ . Alternatively, we can take

$$\bar{w} = \frac{1}{T} \sum_{t=0}^{T-1} w^{(t)},$$

so that by convexity, we have

$$J(\bar{w}) \leq \frac{1}{T} \sum_{t=0}^{T-1} J(w^{(t)}) \leq J(w^{\star}) + \frac{\|w^{(0)} - w^{\star}\|^2}{2\eta T} + \frac{L^2 \eta}{2}.$$

# 4 Constrained optimization

In a constrained convex optimization problem, one seeks to minimize a convex objective function  $J \colon \mathbb{R}^d \to \mathbb{R}$  over a convex set called the feasible region.

## 4.1 Projected gradient descent

The projected gradient descent algorithm is a variant of gradient descent for such problems. It requires a subroutine—called a "projection oracle"—for computing orthogonal projections to the convex feasible region  $K \subseteq \mathbb{R}^d$ . The projection oracle  $\Pi_K$  should, on input  $w \in \mathbb{R}^d$ , return the (unique) point in K closest to w in Euclidean distance:

$$\Pi_K(w) = \operatorname*{arg\,min}_{u \in K} \|u - w\|^2.$$

For example, if  $K = \{w \in \mathbb{R}^d : ||w|| \le 1\}$  is the unit ball in  $\mathbb{R}^d$ , then the projection oracle is as follows:

$$\Pi_K(w) = \begin{cases} w & \text{if } ||w|| \le 1, \\ \frac{w}{||w||} & \text{otherwise.} \end{cases}$$

The output of the projection oracle  $\Pi_K$  is required to satisfy, for all  $w \in \mathbb{R}^d$  and  $u \in K$ ,

$$(w - \Pi_K(w))^{\mathsf{T}}(u - \Pi_K(w)) \le 0.$$

This is equivalent to the following:

$$||u - w||^2 = ||u - \Pi_K(w)||^2 + 2(u - \Pi_K(w))^{\mathsf{T}}(\Pi_K(w) - w) + ||\Pi_K(w) - w||^2$$
  
 
$$\geq ||u - \Pi_K(w)||^2 + ||\Pi_K(w) - w||^2,$$

which can be viewed as a generalization of the Pythagorean theorem. Indeed, if K is an affine subspace, then the inequality above holds with equality.

The update rule for projected gradient descent is as follows. For  $t = 1, 2, \ldots$ 

$$w^{(t)} = \Pi_K(w^{(t-1)} - \eta \nabla J(w^{(t-1)})).$$

The potential-based analysis of gradient descent (both for smooth and non-smooth objectives J) extends to projected gradient descent. The only modifications to the argument needed are: (i) to restrict  $w^*$  to be in K, and (ii) to lower-bound the change in potential  $\Phi$  (which implicitly depends on  $w^* \in K$ )

$$\Phi(w) - \Phi(\Pi_K(w - \eta \nabla J(w)))$$

by the change in potential without the projection step:

$$\Phi(w) - \Phi(w - \eta \nabla J(w)).$$

Such a lower-bound is a direct consequence of the generalized Pythagorean theorem: for any  $w \in \mathbb{R}^d$ ,

$$\Phi(\Pi_K(w - \eta \nabla J(w))) = \frac{1}{2\eta} \|\Pi_K(w - \eta \nabla J(w)) - w^*\|^2 
\leq \frac{1}{2\eta} (\|w - \eta \nabla J(w) - w^*\|^2 - \|\Pi_K(w - \eta \nabla J(w)) - (w - \eta \nabla J(w))\|^2) 
\leq \frac{1}{2\eta} \|w - \eta \nabla J(w) - w^*\|^2 
= \Phi(w - \eta \nabla J(w)),$$

and therefore

$$\Phi(w) - \Phi(\Pi_K(w - \eta \nabla J(w))) \ge \Phi(w) - \Phi(w - \eta \nabla J(w)).$$

## 4.2 Convex feasibility problems

In some convex optimization problems, it may not be obvious how to implement a projection oracle for the feasible region. Let us consider a convex feasibility problem, defined by a (simple) convex set  $S \subseteq \mathbb{R}^d$ , as well as n convex functions  $f_1, \ldots, f_n \colon \mathbb{R}^d \to \mathbb{R}$ , where the goal is to find  $w \in S$  satisfying

$$f_i(w) \leq 0$$
 for all  $i = 1, \ldots, n$ ,

or determine if no such w exists. The set S is regarded as a constraint that is "easy" to enforce, while the  $f_i$ 's are regarded as constraints that are more "difficult" to enforce. The overall feasible region is  $K = S \cap \{w \in \mathbb{R}^d : f_i(w) \leq 0 \text{ for all } i = 1, \ldots, n\}$ .

Our goal is to approximately solve the feasibility problem, where we allow some slack in the "difficult" constraints. Specifically, for a given  $\epsilon > 0$ , we either find a proof that the problem is infeasible, or we return  $\hat{w} \in S$  satisfying

$$f_i(\hat{w}) \leq \epsilon$$
 for all  $i = 1, \dots, n$ .

For  $\epsilon$  to be a meaningful parameter, we assume that  $|f_i(w)| \leq 1$  for all  $w \in S$  and  $i \in [n]$ . One approach to solving this problem is to formulate the objective function

$$J(w) = \max_{i \in [n]} f_i(w),$$

and then to attempt to optimize J over S. If we have a projection oracle for S, then we can use projected gradient descent to solve the problem. This is because the maximum of convex functions is also convex.<sup>1</sup>

We consider a second approach to solving the problem that is related to a more general optimization scheme. Define  $L: S \times \Delta^{n-1} \to \mathbb{R}$  by

$$L(w,p) = \sum_{i=1}^{n} p_i f_i(w).$$

Observe that, for any  $w \in S$ , we have

$$J(w) = \max_{p \in \Delta^{n-1}} L(w, p).$$

This second approach to solving the the problem requires an "optimization oracle" for approximately minimizing L(w,p) over  $w \in S$ . Specifically, given  $p \in \Delta^{n-1}$ , the oracle should return  $\hat{w} \in S$  satisfying

$$L(\hat{w}, p) \le \min_{w \in S} L(w, p) + \epsilon/2.$$

The algorithm is based on the HEDGE algorithm for the online allocation problem.

- Let  $p_1 \in \Delta^{n-1}$  be the initial allocation vector used by HEDGE (which, by default, is the uniform distribution).
- For t = 1, 2, ..., T:
  - Invoke the optimization oracle to obtain  $w_t \in S$  satisfying

$$L(w_t, p_t) \le \min_{w \in S} L(w, p_t) + \epsilon/2.$$

- If  $L(w_t, p_t) > \epsilon/2$ , then abort and return "infeasible".
- Otherwise, provide loss vector  $\ell_t = -(f_1(w_t), \dots, f_n(w_t)) \in [-1, 1]^n$  to HEDGE to obtain updated allocation vector  $p_{t+1} \in \Delta^{n-1}$ .
- Return  $\hat{w} = \frac{1}{T} \sum_{t=1}^{T} w_t$ .

<sup>&</sup>lt;sup>1</sup>The function  $\max_{i \in [n]} f_i(w)$  is convex but not differentiable. Nevertheless, (projected) gradient descent works just as well with subgradients, which may be easy to obtain. In this case, a subgradient of  $\max_{i \in [n]} f_i(w)$  is the gradient of any  $f_i$  at w for which  $f_i(w)$  attains the max.

If the algorithm aborts in iteration t and returns "infeasible", then we have found  $p_t \in \Delta^{n-1}$  such that

$$\epsilon/2 < L(w_t, p_t) \le \min_{w \in S} L(w, p_t) + \epsilon/2,$$

which implies that

$$\min_{w \in S} L(w, p_t) > 0.$$

This proves that the problem is infeasible.

Now suppose instead the algorithm does not abort prematurely, so  $L(w_t, p_t) \leq \epsilon/2$  for all t = 1, 2, ..., T. Notice that

$$\langle e_i, \ell_t \rangle = -f_i(w_t)$$
 for all  $i \in [n]$ ,  
and  $\langle p_t, \ell_t \rangle = -\sum_{i=1}^n p_{t,i} f_i(w_t) = -L(w_t, p_t)$ .

Therefore, the guarantee from HEDGE (with a suitable choice of hyperparameter  $\eta > 0$ ) is

$$\sum_{t=1}^{T} -L(w_t, p_t) \le \min_{i \in [n]} \sum_{t=1}^{T} -f_i(w_t) + O\left(\sqrt{T \log n}\right)$$

Dividing both sides by T, re-arranging, and using  $T = O((\log n)/\epsilon^2)$ , we have

$$\frac{1}{T} \sum_{t=1}^{T} f_i(w_t) \le \frac{1}{T} \sum_{t=1}^{T} L(w_t, p_t) + \epsilon/2 \quad \text{for all } i \in [n].$$

By Jensen's inequality and the assumption that the algorithm does not abort prematurely, we have

$$f_i(\hat{w}) \le \frac{1}{T} \sum_{t=1}^{T} f_i(w_t) \le \frac{1}{T} \sum_{t=1}^{T} L(w_t, p_t) + \epsilon/2 \le \epsilon$$

for all  $i \in [n]$ .